Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The NEIGHBORHOOD in Rio Rancho LIFE PLAN COMMUNITY		2024				2:00 Movie (PR) 1
11:00 Chapel & 2 Communion (C)	10:45 Albertson's 2:00 Second Time Around Donation Day-Apt.4105 2-3pm	10:30 Blood Pressure Check (HH)   Until 11:30am	10:45 Verdes Cannabis on Coors 7:00 Jim Jones': Western Singer & Story Teller (HH)	11:00 Bible Study (C) 1:00 Catholic Communion (C) 2:00 Loma Colorado Librarian, Kerry (Library) 7:00 Movie (PR)	10:45 Smith's 4:00 Happy Hour   Snacks by Residents (HH)	<b>2:00</b> Movie (PR) 8
11:00 Chapel & 9 Communion (C)	10:45 Albertson's 3:00 OASIS Leading a More Conscious Life, Plan a More Conscious Death w/ Danielle Slupesky HH	10:30 Blood Pressure 11 Check (HH)   Until 11:30am 2:00 Annual Rock Painting (HH) 3:00 Second Time Around Donation Day-Apt.4105 3-4pm	10:00 Annual Rock Painting (HH) 2:00 Annual Rock Painting (HH)	10:00 Rock Walk - Place Painted Rocks Outside (HH) 11:00 Bible Study (C) 1:00 Catholic Communion (C) 2:00 Root beer Float Father's Day Celebration (HH)	1:30 Resident Council Meeting (HH) 4:00 Happy Hour	<b>2:00</b> Movie (PR) <b>15</b>
7:00 HAPPY FATHER'S DAY 11:00 Chapel & Communion (C)	10:45 Albertson's 7:00 No Strings Attached - Blue Grass Band (HH)	10:30 Blood Pressure Check (HH)   Until 11:30am 2:00 NMHC - Traditional Stories from Norhtern NM by Paulette Atencio (HH)	1:30 Book Club (PR)	11:00 Bible Study (C) 11:00 Lunch @ Belles Urban Deli in Corrales & Wine Tasting @ Pasando Tiempo 1:00 Catholic Communion (C) 7:00 Movie (PR)	10:45 Trader Joe's 11:30 Firefighter/Re sident BBQ (HH) 4:00 Happy Hour   Snacks by Residents (HH)	2:00 Movie (PR) 22
11:00 Chapel & 23 Communion (C)	10:45 Albertson's 24	10:30 Blood Pressure Check (HH)   Until 11:30am	9:30 Santa Fe Governor's Mansion & Picnic 10:00 Second Time Around Sale!-Apt. 4105 at 10am	11:00 Bible Study (C) 11:00 Lunch at Cheddar's & Tricore Tour 1:00 Catholic Communion (C) 7:00 Movie (PR)	10:45 Smith's 1:00 Hearing Aid Cleaning & Checking w/Michael MacDonald (HH) 4:00 Happy Hour   Snacks by NiRR (HH)	2:00 Movie (PR) 29  LOCATION LEGEND
11:00 Chapel & 30 Communion (C)						Chapel = C Haverland Hall = HH Powell Room = PR Ponderosa Patio = PP Lobby = L

## RESIDENT LED ACTIVITIES

Monday	10:30am	Stitchers Club	PR
Monday	1:00pm	Bridge	PR
Tuesday	1:00pm	Dictionary	PR
Tuesday	7:00pm	Board Games	PR
Thursday	1:30pm	Mah Jong	PR
Saturday	10:00-10:30am	Line Dancing	PR
Saturday	7:00pm	Rummikub	PR
Sunday		Cribbage	PR
Thursday	2:30pm	Spanish w/Dede	
	2nd Floor	N. sitting area	

## MOVIES IN POWELL ROOM Thursdays 7pm & Saturdays 2pm

6/6 & 6/8	You've Got Mail (PG)	1H 59M
6/13 & 6/15	The Color Purple (PG-13)	2H 34M
6/20 & 6/22	Crimson Tide (R)	1H 56M
6/27 & 6/29	The Holdovers (R)	2H 13M

1st & 3rd	Wednesday	11:00am	Menu Chat	PR
2nd		1:30pm	Resident Association	HH
1st & 3rd	Friday	4:00pm	Resident Happy Hour	HH
2nd & 4th	Friday	4:00pm	NiRR Happy Hour	PR
5th		•	Resident Happy Hour	PR

## FITNESS CLASS SCHEDULE

MON	TUE	WED	THU	FRI
9:10am- 9:55am Water Fitness (Pool)	9:15am - 9:55am Stretch & Strength (Fitness Center)	9:10am- 9:55am Water Fitness (Pool)	9:15am - 9:55am Stretch & Strength (Fitness Center)	9:10am- 9:55am Water Fitness (Pool)
10:00am - 10:55am Balance! (Fitness Center)	10:10am - 10:40am Chair Pilates (Fitness Center)	10:10am - 10:55am Balance! (Fitness Center)	10:10am - 10:40am Chair Pilates (Fitness Center)	10:010am - 10:55am Balance! (Fitness Center)
11:00am - 11:45am Walking Group (Lobby Meet)	10:50am- 11:20am Assisted Balance (Fitness Center)	1100am - 11:45am Walking Group (Lobby Meet)	10:50am- 11:20am Assisted Balance (Fitness Center)	11:00am - 11:45am Walking Group (Lobby Meet)
1:30pm - 2:15pm Circuit Class (Fitness Center)		1:30pm - 2:15pm Circuit Class (Fitness Center)		1:30pm - 2:15pm Circuit Class (Fitness Center)
*Class times/events subject to change. Contact Jen at ext. 4145 for any questions or comments.				