

RESIDENT LED ACTIVITIES

Monday	10:30am	Stitchers Club	PR
Monday	1:00pm	Bridge	PR
Tuesday	1:00pm	Dictionary	PR
Tuesday	7:00pm	Board Games	PR
Thursday	1:30pm	Mah Jong	PR
Saturday	10:00-10:30am	Line Dancing	PR
Saturday	7:00pm	Rummikub	PR
Sunday	1:00pm	Cribbage	PR
Thursday	2:30pm	Spanish w/Dede	
	2nd Floor	N. sitting area	

MOVIES IN POWELL ROOM

Thursdays 7pm & Saturdays 2pm

6/6 & 6/8	You've Got Mail (PG)	1H 59M
6/13 & 6/15	The Color Purple (PG-13)	2H 34M
6/20 & 6/22	Crimson Tide (R)	1H 56M
6/27 & 6/29	The Holdovers (R)	2H 13M

1st & 3rd	Wednesday	11:00am	Menu Chat	PR
2nd	Friday	1:30pm	Resident Association	HH
1st & 3rd	Friday	4:00pm	Resident Happy Hour	HH
2nd & 4th	Friday	4:00pm	NiRR Happy Hour	PR
5th	Friday	4:00pm	Resident Happy Hour	PR

FITNESS CLASS SCHEDULE

MON	TUE	WED	THU	FRI
9:10am-9:55am Water Fitness (Pool)	9:15am - 9:55am Stretch & Strength (Fitness Center)	9:10am-9:55am Water Fitness (Pool)	9:15am - 9:55am Stretch & Strength (Fitness Center)	9:10am-9:55am Water Fitness (Pool)
10:00am - 10:55am Balance! (Fitness Center)	10:10am - 10:40am Chair Pilates (Fitness Center)	10:10am - 10:55am Balance! (Fitness Center)	10:10am - 10:40am Chair Pilates (Fitness Center)	10:010am - 10:55am Balance! (Fitness Center)
11:00am - 11:45am Walking Group (Lobby Meet)	10:50am-11:20am Assisted Balance (Fitness Center)	1100am - 11:45am Walking Group (Lobby Meet)	10:50am-11:20am Assisted Balance (Fitness Center)	11:00am - 11:45am Walking Group (Lobby Meet)
1:30pm - 2:15pm Circuit Class (Fitness Center)		1:30pm - 2:15pm Circuit Class (Fitness Center)		1:30pm - 2:15pm Circuit Class (Fitness Center)

*Class times/events subject to change.
Contact Jen at ext. 4145 for any questions or comments.